

Equipment packing list

The following paragraphs details the type and standard of equipment you are required to bring to 1RTU. Read this list in conjunction with the checklist, which provides the quantities you require.

Legend: C=Compulsory, O=Optional/Recommended, M=Males only, F=Females only					
<i>Item</i>	<i>Qty</i>	<i>M/F</i>	<i>Req.</i>	<i>Notes</i>	<i>Tick Box</i>
Personal Equipment Items					
Coat hangers	15		C	sturdy coat hangers all the same brand & colour	
Pant/trouser hangers	8		C	designed to hang pants or skirts, these hangers must have clips that can be moved closer or further apart as required to grip skirts or the bottom of pants legs	
Watch	1		O	Wrist watches of subdued colour and practical design may be worn. Smart watches or any wrist worn device that is capable of wireless / Wi-Fi sync with a communication device is not permitted and will be confiscated. Example of acceptable watches: black G-Shock, Baby-G, Casio or analogue watch.	
Suitcase	1		C	All bags must be lockable to store civilian clothing and personal effects.	
Bag/ back pack (5-7kg carry-on luggage)	1		C		
Black shoe polish	1		C	<i>Parade Gloss</i> recommended	
Shoe polish applicator brush	1		C		
Shoe polish buffing brush	1		C		
Shoe polishing cloth	1		C	Cloth or a pack of cotton wool balls	
Pantyhose/stockings	1		O	Males and females - for use polishing/buffing shoes. Provides an extra high shine to polish	
Old cheap toothbrush	1		O	Used to assist in the cleaning of shoes and other personal items.	
Lint roller or brush	1		C		
Iron	1		C	If possible - select an iron that has a high steam output (in excess of 50G/min) and a high wattage (in excess of 2000W). Auto shut off is an added benefit that should be considered.	
Iron cleaner	1		O		
Plastic food container	1		O	This will be used to store food products in your room to prevent vermin. A suitable size	

				should not exceed 310 x 245 x 130 mm or 10 litre capacity
Physical Training Clothing Items				
Recruits are required to bring clothes suitable to engage in PT activities, such as sit ups, push ups and running until you are issued their Air Force PT equipment within the first few days of training. Unless otherwise specified, clothing is to be black, in good repair, not to contain offensive images, logos or death symbology and be of modest designs.				
Sports bras	3	F	C	Females require 3 x sports bras minimum. Must be appropriate for the conduct of high impact physical activity. Suitable design and style based upon personal preference.
Sports shorts – plain black	2		C	For physical activities. Booty shorts/ short shorts are not permitted. Shorts must reach mid-thigh
Sports style T-shirt – plain black	2		C	Sports singlets and sports skins are not permitted
Running shoes for PT	1		C	Good quality and professionally fitted shoes suitable for running long distances. These shoes should be worn in prior to attending 1RTU. Must be of a conventional design (ie closed toe, lace up). Must not have an extreme appearance which detracts from the overall uniform, such as excessive branding, decoration (i.e. large glittered sections), images or cartoons. Skate/Street shoes or casual flat sole shoes are not suited for PT or sport.
White sports socks	2		C	Must completely cover the ankle.
Bike pants/ compression shorts			C	Worn under the PT shorts for modesty during PT and trying on clothes when being issued uniforms and to prevent chaffing. Should be plain black
Swimming attire – plain black	1		O	Depending on the season females are to bring a suitable one-piece swimsuit, or for any cultural reasons a burkini (PT shirts may be permitted to be worn over the top of the swimsuit). Males are expected to swim in PT attire. The pool facility is open October 1st through to March 31st.
Tracksuit	1		O	Depending on the season, a tracksuit may be suitable - should be plain black or close to it
Ball cap – plain black	1		C	Baseball cap to be worn during the first days of training.
Clothing				
All of your personal items are to be packed in one lockable suitcase. Only the minimum amount of civilian clothes should be brought, as most of your time will be spent in issued military uniforms. However, as you may not have an opportunity between recruit training and your trade course to return home, you will need enough clothing for both noting you will be able to wear civilian clothing during the week and on weekends when conducting trade training. You will have opportunity to purchase additional items whilst on approved.				
Underwear	5		C	Personnel must bring a minimum of 5 days supply of underwear, although it is recommended to bring more. Air Force does not issue underwear. Recruits are to bring garments that are suitable for continued daily exercise and physical activities.

Pyjamas	2		C	Winter / Summer. Clothing suitable to sleep in. Clothing is not to have bare mid-riff, not to be transparent and must cover the mid-thigh as a minimum and cover your shoulders. For males - boxers or pants must have button up fly and you must have appropriate t-shirts for sleeping in
Shirts (short or long sleeved)	4		O	Neat smart casual attire: Worn while during "stand down" for local leave or attending the mess on the weekend. Clothing must comply with the Dress and Personal Grooming section of this JI. To be in good repair, with no explicit themes. The following items are not permitted; - designer style rips, fading or holes - mini-skirts, low cleavage, mid-riff style - - clothing, or singlets. Heels are not recommended. All footwear must be fully enclosed except for sandals which must have a back strap.
Jeans or chinos	2		O	
Jumper	2		O	
Jacket	1		O	
Casual shoes	1		O	
Socks	4		O	
Reusable face mask (black or dark blue)	2		O	
Gloves/thermals/beanie			O	optional for use in colder months
Religious or cultural clothing	1		O	Garments such as Hijabs, Turbans, Patka, Songkok and Yarmulkes may be worn with Air Force uniform These garments need to be Air Force blue or a colour as close as possible and it is the member's responsibility to provide these garments prior to arrival at 1RTU. These items of dress are not to be worn in a way that conceals the identity of the person wearing it but may conceal all hair, ears and throat.
Toiletries / Bathroom enough for 5 weeks				
Shaving cream	1	M	C	
Razor blades	1	M/F	C	Electric shavers may be used however are not suitable for field. Recruits must be clean shaven with a razor whilst in uniform. Females may bring razors by choice for shaving legs etc
Deodorant	1		C	
Toothpaste & brush	1		C	
Nail trimmers	1		C	clippers, scissors, trimmers or nail file as preferred
Shampoo & conditioner	1		C	
Soap	1		C	Personal preference, however body wash is easier to store and keep clean at 1RTU.
Female sanitary products		F	C	Sufficient products for several weeks
Brush / Comb	1		C	Consider buying a new and easy to clean item for use at 1RTU
Hair nets / Hair ties / Hair donut	5	F	C	Only natural tones of artificial hair colours, including streaking are permitted. Heavy mesh nets or an excessive number of hair

				pins are not permitted when in uniform. Hair donuts are optional dependent upon hair length. A quantity of hair nets will be required due to repetitive use and field conditions.
Bobby pins	1	F	C	One pack. Bobby pins, hairnets, donut buns and hair ties must be as close to your natural hair colour as possible
Toiletries bag	1		C	A suitable bag to store toiletries in is a requirement at 1RTU
Towel	1		C	Only used for the first few days of training until your first kitting issue. Towels are to be in good repair and not have offensive slogans.
Rubber thongs	1		C	Cheap rubber thongs to be worn while showering or transiting in the accommodation blocks after hours to prevent the spread of tinea and assist in the prevention of injury. Thongs are not permitted for wearing on leave or wearing around base
Band-Aids/ Blister packs/ Lip balm	1		O	for minor cuts, scratches or blisters.
Hair dryer / Straightener	1		O	optional - note there will be limited time for use
Hair styling products	1		O	Females are required to have their hair in a neat ballet buns during training. Strong hair products are required to ensure hair is maintained in accordance with Air Force dress manual.
Moisturiser	1		O	body and/or hand moisturiser – especially for colder months when skin dries out
Miscellaneous				
Up to \$200 in an accessible bank account			O	\$200 maximum – not essential and a smaller amount will suffice for haircuts and adhoc items
Bank card			C	Highly recommended you bring a suitable bank card as access to phones is restricted.
Set up auto payments where possible			O	It is recommended to set up auto payments or direct debit where possible e.g. phone bills, as you will have limited time and internet access to make payments.
Mobile phone / laptop (plus chargers)	1		O	Recruits are encouraged to bring their mobile phones. Be aware that some mobile networks may not be available at 1RTU.
Headphones	1		O	
Prescription glasses & sunglasses	3		C	Glasses and sunglasses, including prescription eyewear, worn with Air Force uniform are to be of a colour and design which is appropriate to military dress, mirrored lenses are not permitted.
Stationary			C	Pens, notepads, etc. with pencil case (a small amount of stationery may be provided on arrival).
Laundry markers	2		C	Black and white
Lighter	1		O	To remove stray clothing threads
Ruler	1		O	For use in classroom and also to measure your clothes folding.

Label maker or pre-made name labels for clothing	1		O	To label all clothing items, as communal laundries are notorious for misplaced items of clothing. Sticky and iron on label tapes recommended with laundry sharpie(s)
Permanent marker	1		O	Permanent markers are provided, however you may wish to bring your own marker to write names on your personal effects
Delicates wash bag	1		O	For all your underwear and socks to help keep them all together during laundering & drying
Photo of family and friends			O	A single frame containing photos or pictures are allowed, but must not exceed the size of a single A4 piece of paper.
Spare pillow case/ laundry bag	1		O	Helpful when doing your washing
Zip lock bags	3		C	Large zip lock bags to store items within your locker or within your field pack to keep items dry during the field exercise
Head torch	1		O	Recommended, and to include a red light filter. Black or dark coloured bands, not bright colouring. Various brands from various outlets such as Woolworths to Anaconda.
Sealed coffee mug/thermos	1		O	

Tips

1. Label everything with your name. All socks, underwear and clothing items, laundry bags and all of your personal possessions.
2. Depending on the season you may find that some clothing will not be required for Recruit School but will be required for category training which may be up to 2 years.
3. **Baggage.** Airline dependent, the charges differ for bags over the baggage limit. Check your ticket and the rules for the airline you are flying. It will be your responsibility to pay any excess baggage fees.
4. Bring as many of the recommended items as you can – you won't have immediate access to shopping facilities and not all items are available.
5. Consider bringing toothbrush, toothpaste, thongs, towel and sleep wear as carry on. On occasion recruits and their luggage arrive at different times.
6. If you need to make a decision regarding what items to bring if you are struggling to fit everything, bring less civilian clothes and have your family post them down at a later stage.
7. Wedding rings are allowed if desired however they are not always allowed to be worn due to safety reasons. It could be better to leave at home if you are concerned about losing it. You will not be allowed to wear any jewellery during PT.

8. Bring a good attitude as Recruit School can be tough. How you approach it and others can make or break it. Remember not everyone you meet will be the same as you or be in the same mindset as you. Be the best you can to be kind and a team player.